



THE UNIVERSITY OF THE THIRD AGE

U3A Waverley Inc

2025 Courses

12 November 2024



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Please read and enjoy the many courses available for all members at U3A Waverley.

There are some courses, especially in the categories of Music, Language, and Exercise, in which you may enroll, but the Tutor has the final decision on the selection of participants. You will be informed whether you have received a place before the commencement of classes in 2025.

If you are going to be away for long periods of time, please do not take the place of someone who wishes to attend classes regularly.

Ensure you do not enroll for classes with overlapping time periods, or at different venues where travel time does not allow you to be at another venue for the commencement of the class.

Painting - acrylics oils, pastels

25ART002: Acrylic Painting

Type: Long Course

Dates: 30/01/2025 - 27/11/2025

Frequency: Weekly Course, Thu 11:15 - 13:15

Location: Batesford Community Hub MP Room Batesford Road Chadstone Tutor: Norm Robinson

Tutor2: Chris Nallaratnam

All welcome to this friendly group, no experience required. A rewarding and educational class. Students to provide their own materials.

Any medium may be used in this class.

25ART004: Art Workshop 1

Type: Long Course

Dates: 29/01/2025 - 26/11/2025

Frequency: Weekly Course, Wed 13:00 - 15:00

Location: Batesford Community Hub MP Room Batesford Road Chadstone Tutor: Don Kampf

This program is based on 'experiential learning' - the process of learning through experience and sharing ideas. There is no set curriculum, or activities planned and organised by the tutor. With the emphasis on fun, participants develop their creative ideas, and learn through observation, practice, and feedback. There are several art books in the cupboards which may be of interest.

Participants supply their own art needs, including apron or old clothes. There are some easels in cupboard 3.

25ART008: Drawing and Sketching

Type: Long Course

Dates: 03/02/2025 - 24/11/2025

Frequency: Weekly Course, Mon 9:30 - 11:30

Location: Batesford Community Hub MP Room Batesford Road Chadstone Tutor: Norm Robinson

Tutor2: Chris Nallaratnam

Drawing/Sketching enables us to record our impressions and ideas of the world. We introduce different drawing styles, some philosophy along with colour usage to improve drawings. It helps improve memory, understanding and enjoyment with your creativity. In class we gain inspiration from both nature and the human form with the use of some references to digital technology. You may also be encouraged to sketch/draw using your own digital iPad. No previous experience necessary. All are welcome.

Sketch book A3. Pencils HB, B2, B6. Black Fine-liner pens, Coloured pencils. Kneadable eraser – grey. Soft white pencil eraser.

25ART010: Oil and Acrylic Painting

Type: Long Course

Dates: 29/01/2025 - 26/11/2025

Frequency: Weekly Course, Wed 9.45 - 12:00

Location: Batesford Community Hub MP Room Batesford Road Chadstone Tutor: Robyn French

A friendly and welcoming group of both beginners and more experienced artists who enjoy painting in oils and acrylics. Develop your own creative style, explore colour and composition in a casual learning environment. Beginners are welcome.

25ART023: Art Workshop 2

Type: Long Course

Dates: 31/01/2025 - 28/11/2025

Frequency: Weekly Course, Fri 13:30 - 15:30

Location: Batesford Community Hub MP Room Batesford Road Chadstone Tutor: John Price

Painting mediums: Oils, Pastel, Acrylic, Water colour. Students must supply their own equipment and must be prepared to follow my instructions on how to use their tools and how to achieve the required results.

Participants supply their own materials.

25ART025: Digital Art Workshop**Type: Short Course****Dates: 22/04/2025 - 01/07/2025****Frequency: Weekly Course, Tue 12:00 - 13:45****Location: Batesford Community Hub Room 2 Batesford Road Chadstone Tutor: Chris Nallaratnam**

This program runs in Term 2. The sessions involve Digital art using the Procreate programme – this is suitable for iPad or Android tablet/laptop. The course will also cover creating digital art using IPencil plus Artificial Intelligent (AI) based resources, and applications. Students must supply their own equipment and be prepared to follow my instructions on how to use their tools to achieve the required results. Participants are to supply their own materials.

Beading, Crochet

25CRA002: Beading**Type: Long Course****Dates: 03/02/2025 - 24/11/2025****Frequency: Weekly Course, Mon 14:00 - 16:00****Location: Batesford Community Hub Room 1 Batesford Road Chadstone Tutor: Ruth Weidemann**

Many techniques taught such as basic bead weaving, Pegote, square stitch, beaded beads, Kumihimo (braided & beaded jewellery), stringing, cubic right-angle weave and bead knotting and jewellery repair (e.g. how to fix earrings and string beads). New members are welcome throughout the year.

25CRA004: Crochet**Type: Long Course****Dates: 31/01/2025 - 21/11/2025****Frequency: First, Third & Fifth weeks, Fri 9:45 - 11:45****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Jill Abbott**

Beginners to advanced students are welcome throughout the year. Left-handed students will also learn to crochet easily. Basic techniques will be taught, and as your skill levels increase, you can choose your own project in wool or cotton yarn. Materials: Beginners, bring 8 ply wool or thick cotton yarn, and a medium crochet hook.

Dancercise, Ballroom

25DAN002: Ballroom Dancing**Type: Long Course****Dates: 28/01/2025 - 25/11/2025****Frequency: Weekly Course, Tue 13:30 - 16:00****Location: Notting Hill Hall 370 Ferntree Gully Road Notting Hill****Tutor: Charles Farah****Tutor2: Susan Taylor**

This is a social dance class for all levels of dancers with a wide range of New Vogue sequence dances presented each week - from basic to advanced. There is generally no formal teaching, and we learn through demonstrations, helping each other and having plenty of practise. The use of online video teaching material at home as back-up is encouraged. The main purpose is to get exercise, both physically and mentally, have fun and enjoy ourselves.

25DAN008: Line Dancing for Absolute Beginners**Type: Long Course****Dates: 31/01/2025 - 28/11/2025****Frequency: Weekly Course, Fri 9:30 - 10:30****Location: Batesford Community Hub MP Room Batesford Road Chadstone****Tutor: Arlene Bastian**

This class is only for those who have had no previous dance experience. The routines will cover basic and easy steps in a 4/4 beat or 3/4 beat in short spaced sequences to different music genres. Members will also be introduced to appropriate line dancing terminology. So come along & have fun learning to dance in a friendly & relaxed atmosphere. Homework will cover practising with the aid of dance videos that include the demo and teaching segments so that members can familiarise themselves with the routines and memorise the sequence of steps.

Appropriate footwear is mandatory for safety reasons. No sandals, slippers or open toe shoes are allowed. Dancing shoes or closed toe shoes are essential for ease of comfort and movement.

25DAN009: Line Dancing for Beginners

Type: None

Dates: 31/01/2025 - 28/11/2025

Frequency: Weekly Course, Fri 10:45 - 11:45

Location: Batesford Community Hub MP Room Batesford Road Chadstone **Tutor: Veronica Earl**

This class is for those who have had at least one year's line dancing experience. The routines will build upon the skills learnt at the Absolute Beginner level with the introduction of additional step patterns and techniques to different rhythms & genres. The tempos will range from slow to moderate. The choreography at this level will involve different steps flowing from one into the other & will provide basic styling principles, e.g. looking up & body posture. Members will also be introduced to the appropriate line dancing terminology for this level. So come along & have fun learning to dance in a friendly and relaxed atmosphere. Homework will cover practising with the aid of dance videos that include the demo and teaching segments so that members can familiarise themselves with the routines & memorise the sequence of steps.

Appropriate footwear is mandatory for safety reasons. No sandals, slippers or open toe shoes are allowed. Dancing shoes or closed toe shoes are essential for ease of comfort & movement.

25DAN012: Line Dancing for Improvers

Type: Long Course

Dates: 31/01/2025 - 28/11/2025

Frequency: Weekly Course, Fri 10:00 - 11:15

Location: Power Neighbourhood House 54 Power Avenue Ashwood **Tutor: Ruth Weidemann**

Tutor2: Ping Mullan

PLEASE NOTE - THESE CLASSES ARE HELD AT POWER NEIGHBOURHOOD HOUSE. The sessions are for those with some experience with the basic steps of Line Dancing and they are not suitable for Beginners. Line Dancing is for friendship, health, socialising, fun and fitness. Students will enjoy a series of dances including Rumba, Cha Cha, Waltz, Charleston, Spanish and Tango and will be expected to have knowledge of basic dance patterns. Only limited tuition will be provided. Please wear suitable shoes, no open toes, thank you.

Travel, movies

25ENT002: Armchair Travel

Type: Long Course

Dates: 02/01/2025 - 27/11/2025

Frequency: First and third weeks, Thu 13:35 - 15:30

Location: Batesford Community Hub Room 2 Batesford Road Chadstone **Tutor: Brian Graham**

Tutor2: Ray Wall

Travel to exotic places around the World, on a big screen, in high definition and brilliant colour from the comfort of your U3A seat. Travel items sourced from a recent, diverse and prolific range of video clips on You Tube, using U3A's Chromecast device to access the Internet. Occasional (increasingly scarce) DVDs as backup. Discuss travel experiences and issues with other friendly travellers, in an informal atmosphere.

25ENT006: Broadway Musicals**Type: Long Course****Dates: 31/01/2025 - 28/11/2025****Frequency: Weekly Course, Fri 14:00 - 16:00****Location: Batesford Community Hub Room 3 Batesford Road Chadstone** **Tutor: John Molligodd**

Broadway Musicals is a course oriented to both entertainment and research aiming to harvest the inexhaustible riches of the lyric stage, principally focused on the Broadway stage, without excluding others, which altogether make up the wonderful world of song and dance. At any one time, we are only aware of a tip of the iceberg. Therefore it is necessary for the extra effort in ploughing the vastness submerged, hearing about songwriters and music, and life-stories behind them, but also getting to know the stars interpreting them then and now; yes, Broadway stays vibrant not only in new musicals but also in lovingly revisiting "forgotten shows" - literally many 1000s - and it takes special effort to go further than media can manage to inform us. Here's your place to engage interactively and informatively, Fridays, 2pm to 4pm.

25ENT008: Indoor Croquet**Type: Long Course****Dates: 03/02/2025 - 24/11/2025****Frequency: Weekly Course, Mon 13:00 - 14:30****Location: Batesford Community Hub MP Room Batesford Road Chadstone** **Tutor: Graeme Kinzet**

Indoor croquet is a great way to have fun and gentle exercise. No prior experience is necessary as the tutor will guide you through the rules and assist you with learning the skills.

25ENT010: Rummikub**Type: Long Course****Dates: 13/02/2025 - 20/11/2025****Frequency: Second and Fourth weeks, Thu 13:00 - 15:00****Location: Batesford Community Hub Room 3 Batesford Road Chadstone** **Tutor: None**

Rummikub combines elements of the card game rummy and mahjong. This course is for experienced players and for those who would like to learn in a friendly atmosphere.

An enjoyment of playing games!

25ENT024: A Taste of Tasmanian and WA Wine**Type: Short Course****Dates: 31/01/2025 - 28/02/2025****Frequency: None, Fri 13:15 - 15:15****Location: Batesford Community Hub Room 2 Batesford Road Chadstone** **Tutor: Gary Prasad**

This short course takes us on a journey of some iconic Tasmanian regions such as Tamar Valley and Coal River Valley as well as Western Australian wine-producing areas of Margaret River and Swan Valley. We will also reinforce the 5 -S's method of tasting as well as how to score wines like wine judges do. The last session will be dedicated to a low-key, fun blindfold tasting and wine scoring session complete with nibbles.

- B.Y.O wine glasses for hygienic reasons.
- Cost will be \$40.00 per person payable directly to the tutor at the beginning of the first session. This is only \$8 per session.

25ENT026: A Taste of South Australian Regional Wines**Type: Short Course****Dates: 01/08/2025 - 29/08/2025****Frequency: None, Fri 13:15 - 15:15****Location: Batesford Community Hub Room 2 Batesford Road Chadstone** **Tutor: Gary Prasad**

This short course takes us on a journey of some iconic South Australian regions such as Barossa Valley, Coonawarra, Clare Valley and McLaren Vale . We will also reinforce the 5 -S's method of tasting as well as how to score wines similar to how wine judges do. Common wine myths will be addressed. The last session will be dedicated to a low-key, fun blindfold tasting and wine scoring session complete with nibbles.

B.Y.O wine glasses for hygienic reasons. The cost will be \$40.00 per person payable directly to the tutor for the first session.

Tai Chi, Yoga, Exercise

25EXE004: Cycling Group

Type: Long Course

Dates: 29/01/2025 - 26/11/2025

Frequency: Weekly Course, Wed 9:30 - 13:00

Location: Batesford Community Hub Carpark 94 Batesford Rd Chadstone

Tutor: Shaun Lee

Tutor2: FC Lee

The group will have weekly morning social rides leaving from U3A Batesford Rd carpark unless advised otherwise. All rides will be mostly on bicycle paths or rail trails with some minor connection roads. The time includes short breaks / cafes. Adverse weather plans will be worked out. On each ride a sweep will be assigned to ride last for the safety of the group. The leader will carry some repair tools, a bicycle pump and a basic first aid kit. Weekend rides may be included at a later date if there is sufficient interest. Riders must be capable of riding at least 20 km in the allocated time. Have a bicycle suitable for bike path riding and must be in good condition. Be prepared to do your own maintenance (required to carry a spare inner tube) or learn from others. Be able to ride or transport your bike to and from the Batesford carpark. Riders may be required to carry a Myki card (option to return by train), and should have a water bottle, mobile phone, snacks. Appropriate clothing to be worn. Please note, as with all our groups you are not covered by insurance.

25EXE008: Tai Chi with George

Type: Long Course

Dates: 30/01/2025 - 27/11/2025

Frequency: Weekly Course, Thu 9:30 - 11:00

Location: Batesford Community Hub MP Room Batesford Road Chadstone

Tutor: George Clarke

Tutor2: Diana De Kessler

A year long course which commences with an introduction to the principles and practice of Yang style Tai Chi and takes participants through to standard forms of 13 (Bafa Wubu) and 24 movements. Beginners are welcome at the beginning of the year but anyone wishing to join after the first few weeks would need to have some familiarity with Tai Chi and discuss their experience with the tutor beforehand. Each session will comprise some warmup Qi Gong exercises. A short Tai Chi form will be taught and there will be an opportunity to learn and to practise some longer forms. Anyone in doubt as to their fitness to undertake physical exercise should seek medical advice before enrolling.

25EXE020: Yoga with Rita

Type: Long Course

Dates: 31/01/2025 - 28/11/2025

Frequency: Weekly Course, Fri 12:00 - 13:15

Location: Batesford Community Hub MP Room Batesford Road Chadstone

Tutor: Rita Ponnudurai

A typical hatha yoga class will include a combination of standing, balancing, and seated and lying poses that stretch out tight muscles and move joints through their range of movement. This leads to greater strength and flexibility, which in turn makes for healthier bodies and helps protect against injury. Where other sports or exercise classes are competitive and goal-driven, yoga is the opposite. It is not about being the best, it is about doing your best. It is therefore something absolutely anyone can practise, regardless of age, gender or fitness levels. As well as moving through postures (or asanas) the class will also include practising stillness, breathing exercises and relaxation with gentle music, all of which help focus the mind and cultivate greater self-awareness.

A good yoga mat is essential.

25EXE024: Walk and Talk

Type: Long Course

Dates: 03/02/2025 - 24/11/2025

Frequency: Weekly Course, Mon 9:30 - 11:00

Location: Batesford Community Hub Carpark 94 Batesford Rd Chadstone

Tutor: Jenny Bortoli

Meet your leader in the foyer at 9:30am for a walk around the streets and discover more about our wonderful location. Each walk will be suitable for able bodied members who wish to meet others in this relaxed atmosphere. Walks will take different routes, and that welcome stop at a cafe may be part way through the walk or at the end depending on the route taken that day. This is a great way to meet and make new friends.

25EXE028: Yoga with Yvonne **Type: Long Course**
Dates: 03/02/2025 - 24/11/2025 **Frequency: Weekly Course, Mon 11:45 - 12:45**
Location: Batesford Community Hub MP Room Batesford Road Chadstone **Tutor: Yvonne Woon**

This yoga course stresses the importance of a whole-body warmup and concentration on the core muscles for stability and balance. Standing, sitting, lying positions (asanas) are used to slowly stretch tight muscles and increase strength, flexibility and hopefully wellbeing. There will be a short meditation at the end of the class. You should seek medical advice if there is any doubt concerning your fitness for yoga.

A good yoga mat is required.

25EXE030: Table Tennis Tuesdays **Type: Long Course**
Dates: 28/01/2025 - 25/11/2025 **Frequency: Weekly Course, Tue 9:15 - 10:45**
Location: Batesford Community Hub MP Room Batesford Road Chadstone **Tutor: Ian Kwok**

A wonderful way to exercise with friends! A table tennis table will be available every Tuesday morning for casual players. The first player of the day to set up around 9 a.m. and the last players to put the table and equipment away around 10.45am. You do not have to commit to playing every week, but please sign up and make sure you mark yourself present on the roll every time you play for your own safety.

25EXE032: Yoga with Rita Tuesday **Type: Long Course**
Dates: 28/01/2025 - 25/11/2025 **Frequency: Weekly Course, Tue 11:00 - 12:15**
Location: Batesford Community Hub MP Room Batesford Road Chadstone **Tutor: Rita Ponnudurai**

Experience the joy of Yoga with Rita. This class is for members who are new to Yoga or in the intermediate stage of learning. Please bring your own Yoga mat to each class.

Games, cards, puzzles

25GAM002: Bridge **Type: Long Course**
Dates: 29/01/2025 - 26/11/2025 **Frequency: Weekly Course, Wed 9:45 - 11:45**
Location: Batesford Community Hub Room 1 Batesford Road Chadstone **Tutor: Maurice Baker**
Tutor2: Russell Holden

Played for pleasure and social interaction. Our class environment is friendly and informal. Tuition included in sessions.

25GAM006: Cryptic Crossword Group **Type: Long Course**
Dates: 29/01/2025 - 26/11/2025 **Frequency: Weekly Course, Wed 12:00 - 13:30**
Location: Batesford Community Hub Room 1 Batesford Road Chadstone **Tutor: Morrie Lyons**

Join a friendly group in solving 2 or 3 cryptic crosswords each week. In a cryptic crossword each clue generally consists of 2 parts – a straight clue and a cryptic clue (possibly an anagram or a run-on etc.). Beginners will be helped. Have fun learning to think laterally. Exercise your brain. Members are welcome to join throughout the year.

25GAM008: Mahjong Western **Type: Long Course**
Dates: 28/01/2025 - 25/11/2025 **Frequency: Weekly Course, Tues 11:45 - 13:45**
Location: Batesford Community Hub Room 1 Batesford Road Chadstone **Tutor: Wendy Mutton**

This mentally, stimulating game of skill, progresses to higher grades of play. A game also for enjoyment and relaxation. There are many versions of Mahjong but we follow the Western version. Beginners are welcome throughout the year and will be introduced to the game by current players. The book we follow is: 'The Mahjong Player Companion' - Patricia A. Thompson & Betty Maloney. Bring your own Mahjong set if you would like to. New members welcome through the year.

25GAM010: Scrabble **Type: Long Course**
Dates: 13/02/2025 - 27/11/2025 **Frequency: Second and Fourth weeks, Thu 13:00 - 15:00**
Location: Batesford Community Hub Room 3 Batesford Road Chadstone **Tutor: June Valentine**

Are you a word nerd? Like playing games? Then the answer is Scrabble - 'It's your word against mind'. Join in two player competitive Scrabble and learn the best strategy and moves from an experienced Woman of Letters! Each player will keep their own and opponents scores. The Collins Scrabble dictionary will be used as a reference for challenged words. Everyone will be given photocopied score sheets and a two letter word bookmark, so all that is required to bring is a pen / pencil and a willingness to play according to official Australian Scrabble Association rules.

25GAM012: Mahjong Eastern **Type: Long Course**
Dates: 28/01/2025 - 25/11/2025 **Frequency: Weekly Course, Tue 9:30 - 11:30**
Location: Batesford Community Hub Room 1 Batesford Road Chadstone **Tutor: Linda Trikarso**
Tutor2: Diu Wing

There are many versions of Eastern Mahjong. When one is familiar with a version, it is easy to adapt to any variations, house or table rules. This class will be playing the Singapore/Malaysian style of Mahjong. At the beginning of the year, class members will be given the Singapore Mahjong rules of play and its scoring. Anyone wishing to join the class need to have some Mahjong experience, be it online play, Hong Kong or Western Mahjong. We will not be accepting pure beginners. To be fair to the class, we will need all registered class members to be committed to this session time; Mahjong requires 4 players to each table.

Health, Hearing, Well Being

25EXE002: Bowls for Beginners **Type: Long Course**
Dates: 31/01/2025 - 28/11/2025 **Frequency: Weekly Course, Fri 10:00 - 11:30**
Location: Mt Waverley Bowling Club Alvie Rd Mt Waverley **Tutor: Larry Evans**

The Mount Waverley Bowling Club is offering its facilities and coaching for those interested in wishing to learn how to play lawn bowls. The club provides all equipment with guidance and coaching. The club is located at the corner of Alvie Rd. and Wadham Pde, Mount Waverley with the bowls starting at 10:00 am to 11:30 am followed by a social get together in the club house with tea or coffee and biscuits provided. The cost is \$10:00 per session attended, paid to the Mount Waverley Bowling Club. Bowls is for everyone, young or old, providing gentle exercise and a fun experience. Have a go and see if you like it, be a little adventurous! All you need is some flat-soled runners.

25HEA025: Care for Carers **Type: Long Course**
Dates: 13/02/2025 - 13/11/2025 **Frequency: Monthly, Thu 13:35 - 15:30**
Location: Batesford Community Hub Room 2 Batesford Road Chadstone **Tutor: Gillian Meldrum**

A self-help support group for those whose partners, family or friends require care, either at home or in a residential facility. Gillian Meldrum facilitates the group. She has 30 years' experience working in the care industry. Meeting once a month for a chat and sharing ideas.

25HEA028: Healing Ourselves and the Planet**Type: Long Course****Dates: 28/01/2025 - 25/11/2025****Frequency: Weekly Course, Tue 9:30 - 11:30****Location: ZOOM****Tutor: John Beaney**

We should be living in a time of unprecedented, good health. Instead, we have switched from the infections of the 19th century to our current, mostly non-infectious, chronic, disabling diseases. In addition, we are overshooting the boundaries that protect our precious planet. Let's investigate what constitutes personal and planetary good health, re-engage with nature, and regenerate what we have lost. Expect me to challenge current dogma and expose myths. No prior knowledge is required, but do bring an open, enquiring mind and a sense of humour. ONCE YOU HAVE ENROLLED IN THIS COURSE THROUGH OUR WEBSITE, YOU WILL BE SENT THE ZOOM LINK. THIS COURSE IS REPEATED ON FRIDAYS AT THE SAME TIME IF YOU ARE UNABLE TO PARTICIPATE ON TUESDAYS.

25HEA035: Food & Friends: A Recipe Sharing Hour**Type: Short Course****Dates: 03/02/2025 - 31/03/2025****Frequency: Weekly Course, Mon 12:30 - 13:30****Location: Batesford Community Hub Carpark 94 Batesford Rd Chadstone****Tutor: Angel Shea**

This class will be a relaxed and enjoyable hour where people can come together to share recipes, explore different types of food, and enjoy a friendly chat over shared culinary interests. Each session will feature a themed recipe or food type, providing an opportunity to learn new cooking techniques, explore various cuisines, and exchange personal cooking tips. Participants are encouraged to bring their own recipes and experiences to share with the group. Each week, we will focus on a particular recipe or food theme. I will introduce a recipe, and we'll discuss various ways of preparing, adapting, or serving it. Participants can also bring their own variations or completely new recipes to share. This is a casual, welcoming space designed to spark conversations around cooking, food, and culture. Benefits to Participants: Learn new recipes and cooking techniques • Exchange ideas and experiences in a friendly setting • Meet and connect with like-minded peers • Enjoy a light, engaging activity that stimulates both creativity and conversation.

Humanities

25HUM002: U3A Book Discussion Group**Type: Long Course****Dates: 30/01/2025 - 27/11/2025****Frequency: Random dates as specified, Thu 11:45 - 13:25****Location: Batesford Community Hub Room 2 Batesford Road Chadstone****Tutor: Liz Fitzgerald**

The U3A Book Group comes together monthly, commencing in February through to November. We meet on the 3rd Thursday of the month. A list of books to be read and discussed will be made available by the tutor prior to the commencement of the course. Members are required to obtain their own copy, either by borrowing from their local library or purchasing. New members are very welcome.

25HUM004: Creative Writing**Type: Long Course****Dates: 30/01/2025 - 27/11/2025****Frequency: Weekly Course, Thu 9:30 - 11:30****Location: Batesford Community Hub Room 2 Batesford Road Chadstone****Tutor: Gail Robinson****Tutor2: Lorraine Erenstrom**

Ever wanted to write? Everyone is asked to write a very short story during the week to read to the class the following Thursday. You don't have to be a good writer, just enthusiastic. The variety of these stories is amazing and so enjoyable. We are a very entertaining group. We are all asked to suggest story titles. Some on the spot writing is also done. All types of themes tackled. Bring a pen and paper.

25HUM006: Current Affairs

Type: Long Course

Dates: 03/02/2025 - 24/11/2025

Frequency: Weekly Course, Mon 10:15 - 11:45

Location: Batesford Community Hub Room 2 Batesford Road Chadstone

Tutor: Peter Mitchell

Tutor2: Jane Evans

This is a lively interactive class where various presenters give background information on local and overseas events and then invite members to contribute to the discussion.

25HUM008: Share & Investment Discussion Group

Type: Long Course

Dates: 07/02/2025 - 28/11/2025

Frequency: Second and Fourth weeks, Fri 10:00 - 11:30

Location: Batesford Community Hub Room 2 Batesford Road Chadstone

Tutor: Joy Lau

A forum to discuss ideas, questions and information on share trading, other forms of investment and household expenses. It is suitable for unsophisticated investors. Please note this is purely a discussion group and no financial advice will be given.

25HUM012: Write Your Own Story

Type: Long Course

Dates: 31/01/2025 - 28/11/2025

Frequency: Weekly Course, Fri 13:15 - 15:15

Location: Batesford Community Hub Room 1 Batesford Road Chadstone

Tutor: Gillian Meldrum

Tutor2: Dennis Atkin

Come and join the Write Your Own Story class! We are a group of up to 12 class members, who are writing their own life stories or stories from their life. We write, share and learn. Each life is full of milestones; being a child, at school, the teenage years, first love and later years. Then there are families, friends and others. And "time" of course ~ what we have learned and experienced from our time and times. Our aim is to encourage participants to start exploring, enjoy the process of writing, and to facilitate each other's progress. As a group we give and receive supportive feedback. At the end of each year, we produce a collection of some of our stories. Work at your own pace and have fun.

Additional information: Have sufficient English language skills: oral and written. Be attentive to and respectful of others' writing. Provide constructive feedback to other members of the group.

25HUM022: Exploring the World of Poetry

Type: Long Course

Dates: 28/01/2025 - 25/11/2025

Frequency: Weekly Course, Tue 13:45 - 15:45

Location: ZOOM

Tutor: Larry Evans

The U3A Waverley Poetry class explores poetry across the centuries and within a set of themes and topics, sampling a wide range of poets and poems from around the world. This is not a poetry writing class; the focus is on learning about the poets, and on our responses to the poems. Members take turns presenting poets and their poems, followed by lively discussion about the poems and related life experiences. Come along and discover and share in the wonderful world of poetry. The group will meet on Zoom, on Tuesdays from 1:45pm to 3:45pm.

25HUM024: Jewish Scriptures and Writings

Type: Long Course

Dates: 29/01/2025 - 26/11/2025

Frequency: Weekly Course, Wed 10:30 - 12:15

Location: ZOOM

Tutor: Dina Burgess

This is a thematic study of the Tanach (Hebrew Bible). Beginning with the Torah (Genesis to Deuteronomy), but not necessarily in that order, we will deepen our understanding of selected chapters and verses, using texts from the other two sections of the Tanach, namely the Prophets (e.g. Ezekiel, Isaiah, Second Isaiah, and Jeremiah) and the Writings (e.g. Psalms, Job, and Ecclesiastes), focusing on concepts and themes, ancient and modern, relating to Jewish ethics and societal wellbeing. Topics will include, amongst others: free will and God's role in history; idolatry and the problem of evil; war and peace; affluence and human hubris; gratitude and the sin of joylessness; and stewardship of God's gifts. Discussions will reference writings of rabbis and Jewish sages from the Talmud (e.g. Rabbis Hillel and Shammai), through medieval times (e.g. Ibn Ezra and Moses Maimonides), to the current era (e.g. Martin Buber, the late Rabbi Lord Jonathan Sacks, and selected Australian rabbis). Most sessions will begin with a segment called "Israel matters", with updates about events in Israel and the Jewish world. Jewish religious festivals will also be highlighted as they occur during the year. The course is for non-Jewish people and will suit both new and returning participants. In keeping with Jewish tradition, questions and discussion are welcome, the only requirement being mutual respect.

The course is conducted on Zoom, from 10.30 am to 12.15 pm on Wednesdays through U3A Waverley. The course is also offered on Zoom, from 10.30 am to 12.15 pm on Thursdays through other U3As. Members of the U3A Network Distance Education Program can enroll through U3A Waverley (contact:u3awaverley@u3awaverley.org.au)

25HUM028: Creating an Illustrated Book

Type: Short Course

Dates: 24/07/2025 - 27/11/2025

Frequency: Weekly Course, Thu 13:30 - 15:45

Location: Batesford Community Hub Room 1 Batesford Road Chadstone

Tutor: David Fraser

Have you ever wanted to create and publish your own story book? This is your opportunity! Your Tutor, David Fraser, is an illustrator and has published books. During the 18-week course, David will guide you through the process of creating and publishing your own 22-page book. This hands-on course is designed to demonstrate how, under guidance, anybody can create and produce an illustrated story book to share with friends and family. The approach taken to create your simple illustrated story book will be explained using examples of the tutor's published books. A theme for your book will be determined early in the course. Example themes: Children's story, garden flowers, craft, hobby, photography, holiday, passion, art.

Languages

25LAN002: Turkish for Beginners

Type: Long Course

Dates: 29/01/2025 - 26/11/2025

Frequency: Weekly Course, Wed 13:45 - 15:45

Location: Batesford Community Hub Room 1 Batesford Road Chadstone

**Tutor: Mube Akinci -
Desem
Tutor2: Davoud Sadeghi**

An introductory course for beginners and travellers in a relaxed and friendly environment covering the history of the Turkish language and its alphabet, then following on with everyday situations such as meeting and greeting, shopping at the market, at the doctors, walking in the park, eating out, at the farm, at a wedding.

25LAN004: English Conversation

Type: Long Course

Dates: 03/02/2025 - 24/11/2025

Frequency: Weekly Course, Mon 14:00 - 16:00

Location: Batesford Community Hub Room 2 Batesford Road Chadstone

Tutor: Gillian Meldrum

This class is for anyone who would like to improve their English conversation and understanding. Below are some of the areas we cover throughout the year. Read and discuss world news pieces, such as those in Breaking News English. Explore a wide range of words and expressions that are often confusing. Complete easy written exercises and discuss the answers. Read and understand the monthly U3A newsletter. Most important, though, we also have fun while we learn. This is not a structured course, so new members are welcome to join us at any time in the year.

25LAN008: French Conversation for Beginners**Type: Long Course****Dates: 31/01/2025 - 28/11/2025****Frequency: Fortnightly Course, Fri 11:45 - 1:00****Location: Batesford Community Hub Room 2****Tutor: Michele Rochecouste**

PLEASE NOTE - Michele will inform you when the fortnightly sessions commence. This is primarily for those who have been in the class in previous years. There will be a WAITLIST for those who enrol in this subject and you will be informed at the end of January about dates and enrolments. Practise and revive your School French however much you have forgotten, with a native French speaker. We focus on listening and speaking on a variety of subjects with some grammar. The atmosphere is friendly and informal with mistakes being part of the learning process. The aim is to understand and to be understood in modern usage and finer pronunciation. The course approach is more accessible to students with a previous awareness of the language.

From the beginning of 2025, classes will be held every fortnight. Your tutor, Michele, will send you the dates when she is running the sessions.

25LAN010: French Conversation Advanced**Type: Long Course****Dates: 30/01/2025 - 27/11/2025****Frequency: Weekly Course, Thu 9:30 - 11:00****Location: Batesford Community Hub Room 1 Batesford Road Chadstone****Tutor: Yvonne Loddo**

Practise and improve your French oral skills in a relaxed and friendly atmosphere with two native French speakers. No textbook required. Every week, a text in French with vocabulary and questions is offered for discussion on the following week. Topics cover a wide range of interests, and we aim at having fun 'en francais'

This course is only suitable for those who can speak French and have a good understanding of the language as well as the ability to read and write fluently in French.

25LAN012: French Conversation Intermediates**Type: Long Course****Dates: 30/01/2025 - 27/11/2025****Frequency: Weekly Course, Thu 11:15 - 12:45****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Yvonne Loddo****Tutor2: Andrew Croft**

Practise and improve your French oral skills in a relaxed and friendly atmosphere with two native French speakers. No textbook required. Every week, a text in French with vocabulary and questions is offered for discussion on the following week. Topics cover a wide range of interests, and we aim at having fun 'en francais'.

This course is not suitable for beginners. It is for those who can speak some French and have some understanding of the language as well as the basic ability to read and write in French.

25LAN016: German Conversation**Type: Long Course****Dates: 31/01/2025 - 28/11/2025****Frequency: Weekly Course, Fri 12:00 - 13:00****Location: Batesford Community Hub Room 1 Batesford Road Chadstone****Tutor: Elena Hartley**

This is a small group comprised of some native German speakers, some who have studied the language over a period of years and some who have had significant exposure to the language. Each session looks at a topic of general and current interest and open discussion follows.

25LAN020: Italian Advanced**Type: Long Course****Dates: 31/01/2025 - 28/11/2025****Frequency: Weekly Course, Fri 9:45 - 11:45****Location: Batesford Community Hub Room 1 Batesford Road Chadstone****Tutor: Elizabeth Sinclair**

Aim: To maintain and increase knowledge of the Italian language and Culture. Participants must have a reasonable ability to read, write and speak Italian and be able to contribute with either a verbal or written presentation for discussion each week.

25LAN025: Italian for Beginners**Type: Long Course****Dates: 03/02/2025 - 24/11/2025****Frequency: Weekly Course, Mon 12:00 - 13:15****Location: Batesford Community Hub Room 2 Batesford Road Chadstone****Tutor: Anna Costa**

Beginners Italian is for all those interested in learning a new language. No previous knowledge is required for this class. It is suitable for students with no previous speaking skills in Italian. The course aims to teach Italian conversation at Beginners Level 1. Your tutor is of Italian origin and is a very experienced LOTE teacher.

A textbook will be recommended by the tutor after you have enrolled.

Music

25MUS001: Piano/Keyboard - Absolute Beginners**Type: Long Course****Dates: 03/02/2025 - 17/11/2025****Frequency: Weekly Course, Mon 9:30 - 11:30****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Arlene Bastian**

This class is for absolute beginners with no piano or keyboard experience whatsoever, or for those who have studied music in their earlier years, have forgotten basic theory and techniques, are unable to read music, or play with both hands. Members will need to purchase the prescribed Adult Course book designed for the beginner, complete with preliminary finger exercises, posture, basic theory, technique, dynamics, and popular repertoire. The lessons are graded to allow steady progress to reading music fluently and gaining confidence playing well known pieces.

Members are requested to kindly arrive early to assist in setting up instruments and equipment before the class commences.

25MUS002: Piano/Keyboard - Advanced Beginners**Type: Long Course****Dates: 03/02/2025 - 17/11/2025****Frequency: Weekly Course, Mon 11:45 - 12:45****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Arlene Bastian**

This class is for members who have completed the Adult Course Book 1 and will progress to Book 2 smoothly, without gaps, towards the development of technique and knowledge required to play in all the most frequently used keys. The pieces consist of familiar favourites borrowed from folk-song material, themes from operas and the classics, as well as original keyboard compositions. Additional resources cover popular timeless hits and chart-stoppers by artists like Michael Jackson, Billy Joel, The Beatles, and more. New members wishing to join this class will be tested before being accepted to this level. Kindly leave your contact details with the Course Co-Ordinator at course.coordinator@u3awaverley.org.au and the Tutor will organise to test you and discuss your suitability to this class level before the 2025 sessions commence. On acceptance you will need to purchase the Course book recommended.

25MUS003: Piano/ Keyboard - Beginners**Type: Long Course****Dates: 10/02/2025 - 17/11/2025****Frequency: Weekly Course, Mon 13:00 - 14:00****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Arlene Bastian**

This class is NOT for the absolute beginner but for those progressing with the Course book from 2024, learning more theory, technique and dynamics, the understanding of chords and chord formation. Important tips are presented that make learning chord progression easier. The lessons are graded to allow steady progress to reading music more fluently and gaining confidence playing popular & familiar favourites mixed with original and well-known pieces in different genres. New members wishing to join this class will be tested before being accepted to this level. Kindly leave your contact details with the Course Co-Ordinator at course.coordinator@u3awaverley.org.au & the Tutor will organise to test you & discuss your suitability to this class level before the 2025 sessions commence. On acceptance you will need to purchase the Course book recommended.

25MUS004: Piano/ Keyboard - Beginners Class 4 **Type: Long Course**
Dates: 03/02/2025 - 24/11/2025 **Frequency: Weekly Course, Mon 14:15 - 15:30**
Location: Batesford Community Hub Room 3 Batesford Road Chadstone **Tutor: Arlene Bastian**

This class is only for those who have been playing the piano/keyboard fluently for at least two years and would like to learn to play with different inbuilt rhythms and tempos. The lessons in the prescribed Course book cover chord playing and structure, including concepts and fundamentals needed to perform. Members will have the opportunity to learn to accompany other music groups in U3A Waverley on the piano/keyboard, e.g. singers, guitarists, choir etc. on a social basis occasionally. New members wishing to join this class will be tested before being accepted to this level. Kindly leave your contact details with the Course Co-Ordinator at course.coordinator@u3awaverley.org.au and the Tutor will organise to test you and discuss your suitability to this class level before the 2025 sessions commence. On acceptance you will need to purchase the Course book recommended. At the end of the session, members are required to pack up the equipment and stack them in their allocated spaces in the storeroom.

25MUS005: Piano Keyboard Beginners Class 5 **Type: Long Course**
Dates: 31/01/2025 - 28/11/2025 **Frequency: Weekly Course, Fri 12:00 - 13:45**
Location: Batesford Community Hub Room 3 Batesford Road Chadstone **Tutor: Arlene Bastian**

This class is ongoing from 2024, and members are progressing well with Course Book 1, learning more theory, techniques and dynamics, the understanding of chords and chord formation. The lessons are graded to allow steady progress to reading music more fluently and gaining confidence playing popular and familiar favourites mixed with original and well-known pieces in different genres. New members wishing to join this class will be tested before being accepted to this level. Kindly leave your contact details with the Course Co-Ordinator at course.coordinator@u3awaverley.org.au and the Tutor will organise to test you and discuss your suitability to this class level before the 2025 sessions commence. On acceptance you will need to purchase the Course book recommended.

Members are required to come in 10 minutes earlier to set up the classroom before commencement of the session. At the end of the day, the equipment will need to be packed and stacked in their allocated spaces in the storeroom.

25MUS007: Beginners Blues Harmonica **Type: None**
Dates: 03/02/2025 - 24/11/2025 **Frequency: Weekly Course, Mon 10:00 - 12:00**
Location: Batesford Community Hub Room 1 Batesford Road Chadstone **Tutor: Phil Sidebottom**

The course will assume no previous experience with the instrument, but some understanding of music or familiarity with another instrument would be an advantage. The aim of the course is to teach students about the instrument itself, playing chords, then single notes to form a melody, and finally to bending single notes which is the distinctive sound this instrument brings to blues music. For the course each student will need a harmonica in the key of C. For those who do not already have a harmonica and are not sure what to buy, I would suggest waiting until after the first class where I will discuss the options. Learning the harmonica is very dependent on lots of practice outside class time. This is where the harmonica has the advantage over other instruments such as guitar or keyboards as it can be carried easily in a pocket or purse, ready for a quick tune while waiting for a bus etc. Be ready to amaze all your friends!

25MUS010: Jazz Appreciation **Type: Long Course**
Dates: 29/01/2025 - 26/11/2025 **Frequency: Weekly Course, Wed 9:30 - 11:30**
Location: Batesford Community Hub Room 3 Batesford Road Chadstone **Tutor: David Warburton**

An enthusiastic group who enjoy sharing favourite recordings and discussing the merits of the artists. Various members prepare musical programs for presentation.

25MUS012: Music Appreciation

Type: Long Course

Dates: 31/01/2025 - 28/11/2025

Frequency: Second and Fourth weeks, Fri 9:45 - 11:45

Location: Batesford Community Hub Room 3 Batesford Road Chadstone **Tutor: Richard Sullivan**

Do you enjoy listening to classical music? Come along and join our class members as they participate in the enjoyment and appreciation of a presentation of classical music. The programme each week is usually prepared and presented by a class member, and technical support for the preparation and presentation is available to members if required. A wonderful and relaxing way to end the week! Members welcome throughout the year.

25MUS022: U3A Waverley Choir

Type: Long Course

Dates: 29/01/2025 - 28/11/2025

Frequency: Weekly Course, Wed 11:15 - 13:45

Location: Batesford Community Hub Room 2 Batesford Road Chadstone **Tutor: Yang Li**

Tutor2: Pauline McCahon

Everyone has a voice. It is simply a matter of using it. The Choir welcomes all those who wish to experience the joy of singing in harmony with others. These sessions give you the opportunity to sing with a group of like-minded members. All are welcome.

25MUS024: Guitar Workshop

Type: Long Course

Dates: 29/01/2025 - 26/11/2025

Frequency: Weekly Course, Wed 11:45 - 13:45

Location: Batesford Community Hub Room 3 **Tutor: Hervé Rochecouste**

Guitar workshop has been devised to allow guitar students to explore more than simply playing the guitar in a lesson or at home. Hervé will send out a program each term, and you may come every week or simply attend a few events depending on your interest and availability.

25MUS025: Guitar Enthusiasts Group

Type: Long Course

Dates: 05/02/2025 - 05/11/2025

Frequency: Monthly, Wed 11:45 - 13:45

Location: Batesford Community Hub Room 3 **Tutor: Hervé Rochecouste**

The Classical Guitar Enthusiasts Group Workshop comprises: A continuation for Classical Guitar learning beyond the 401 Level. The programme is not only based on tuition, but also on mature discussions on improvement techniques; sharing of individual lessons learnt; group practices, mini concerts; tutors meeting and training; U3A guitar manuals continuous improvement suggestions; Management of the Wednesday Guitar Workshops; U3A Guitar Concerts Organizing Committee; Management of the Waverley and Wheelers Hill U3As information and music files communications; and anything else that attendees can contribute to sustain the good health and future of the Classical Guitar Classes at Waverley and Wheelers Hill U3As.

Same as the 401 Level, and in addition: (a) Having followed and completed the 401 classes for at least 2 years; and/or (b) Willingness to be trained as a Tutor or Co-Tutor for lower-level classes; and (c) Prepare and present at least one workshop a year; and (d) A good knowledge of the Guitar Pro Software Application.

25MUS030: Musical Keyboard**Type: None****Dates: 28/01/2025 - 25/11/2025****Frequency: Weekly Course, Tue 10:00 - 12:00****Location: AVEO Oak Tree Hill 37 View Mount Rd Glen Waverley****Tutor: Graeme Kinzett**

'Musical keyboard' - this course is for those who do NOT know how to read music or know the keys on the keyboard, but still want to have some relaxing fun playing music. Learn at your own pace and with music of your choice, and new participants can play their first 2 or 3 tunes in the first class. For those who used to play some musical keyboard in younger days and have forgotten how to play, this would be an excellent opportunity to renew your hidden talent. At the first class of each year, there is a one-off fee of \$10, payable to the tutor, to cover the cost of photocopying, coffee, tea and disposable plates and cutlery.

PLEASE NOTE: Location is Aveo Oak Tree Hill Retirement Village (Gate A), 37 View Mount Road, Glen Waverley at the Community Centre. Tutor: Graeme Kinzett - For all enquiries about the course, please phone and talk with Graeme directly on 0412071105.

25MUS040: Outdoor Singing**Type: Long Course****Dates: 03/02/2025 - 24/11/2025****Frequency: Weekly Course, Mon 11:00 - 12:00****Location: Batesford Community Hub Carpark 94 Batesford Rd Chadstone****Tutor: Angel Shea**

We would like to create a welcoming environment where people of all singing abilities can gather together to enjoy the joy of singing. The objective of this singing group is to provide a platform for people to explore their love of singing, have fun and have a positive experience. The group will be held in a suitable outdoor location that offers ample space for participants to gather comfortably and sing together. We have called the group The Glee for Laughter to reflect the aims of this activity. All are welcome.

25MUS101: Classical Guitar 101 (Beginners)**Type: Long Course****Dates: 29/01/2025 - 26/11/2025****Frequency: Weekly Course, Wed 14:00 - 15:45****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Anna Chung****Tutor2: Alfred Chee**

The Beginners Course - the Classical Guitar 101 course is aimed at the "total" guitar beginner and does not require a music theory background. Classes consist of learning basic Classical Techniques and simple melodies with the Tutors, and then going round the table to allow each student to play the Technique and Melody live in the class, one by one. There is an expectation that students will be able to practise at home a minimum of one hour daily and be able to demonstrate their improvement in the following class. The Tutors make extensive use of email weekly to send pdf Music Scores and Course Notes, mp3 Recorded Audio, practice comments etc.

Nylon String Acoustic Guitar, Table Music Stand Foot Stand, Email Address, basic computer literacy is desirable, and access to a computer (at home). All beginners will be assessed in the first week to ensure that they are placed in the appropriate class for their level of guitar playing and musical ability.

25MUS201: Classical Guitar 201**Type: Long Course****Dates: 28/01/2025 - 25/11/2025****Frequency: Weekly Course, Tue 14:00 - 15:45****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: David Valentine****Tutor2: Charlotte Mah**

The Classical Guitar 201 course follows on from the 101 course and is aimed at introducing classical techniques and tunes. Students who already have a background in music theory or have played guitar before, (e.g., folk, chords accompaniment, etc. previously on a steel string guitar) can join the 201 classes directly without complying to the 101 prerequisites. There is an expectation that each student at the 201 level will be motivated to play more than one hour a day at home and contribute to the classes by suggesting new tunes that can be transcribed to classical techniques.

Nylon String Acoustic Guitar, Table Music Stand Foot Stand, Email Address, basic computer literacy is desirable, and also access to a computer (at home).

25MUS301: Classical Guitar 301**Type: Long Course****Dates: 28/01/2025 - 25/11/2025****Frequency: Weekly Course, Tue 9:30 - 11:30****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Chin Lim****Tutor2: Richard Tan**

The 301 Course comprises: Advanced Chords; Left-Hand Fingering; Advanced Right-Hand Fingering; Major and Minor Scales, all Keys; Medium Level Classical Tunes; Evergreen Melodies Classical Style; Advanced Duos or with Backing. Classes consist of learning medium level Classical Techniques and more complex melodies with the Tutors, and then going round the table to allow each student to play the Technique/Melody live in the class, one by one. There is an expectation that students will be able to practise at home a minimum of two hours daily and be able to demonstrate their improvement to the next class. There is an expectation that later in the year, students will have developed adequate appreciation of their musical abilities to want to practise and play more hours than the minimum.

Please contact the tutor if you are unsure of the requirements. Nylon String Acoustic Guitar, Table Music Stand, Foot Stand, Email Address.

25MUS401: Classical Guitar 401 - Advanced**Type: Long Course****Dates: 28/01/2025 - 25/11/2025****Frequency: Weekly Course, Tue 11:45 - 13:45****Location: Batesford Community Hub Room 3****Tutor: Hervé Rochecouste****Tutor2: Chin Lim**

The 401 classes consist of learning advanced level Classical Techniques and complex melodies with the Tutors, and then going round the table to allow each student to play the Technique/Melody live in the class, one by one. There is an expectation that students will be able to practise at home for a minimum of three hours daily and be able to demonstrate their improvement to the next class. There is an expectation that by the time students reach the Advanced Class they will have acquired a Classical Guitar of reasonable quality. The more talented Advanced Students are encouraged and coached to become Tutors to sustain the U3A Classical Guitar programme.

To enrol in this course, you must have successfully completed the Intermediates Class. Please contact the tutor if you are unsure of the requirements: Nylon String Acoustic Guitar, Table Music Stand, Foot Stand, Email Address, GuitarPro Software Application.

Science

25SCI002: Science and Technology**Type: Long Course****Dates: 28/01/2025 - 25/11/2025****Frequency: Weekly Course, Tue 9:30 - 11:45****Location: Batesford Community Hub Room 2 Batesford Road Chadstone****Tutor: None**

Each week we explore topics of interest in Science and Technology, and we have a variety of presenters from both within and outside U3A. Occasional trips may be held. You do not need a scientific or technical background to get a lot out of this class.

25SCI004: Epic Engineering Failures**Type: Short Course****Dates: 20/08/2025 - 26/11/2025****Frequency: Weekly Course, Wed 14:00 - 16:00****Location: Batesford Community Hub Room 2 Batesford Road Chadstone****Tutor: David Kemp**

Engineering failures pave the way for improvement in the ways that we design, build, and maintain our technological systems. But first, we must figure out what went wrong. Over 13 weeks, using a DVD based lecture series, you will go behind the scenes of painstaking and captivating investigations that not only reveal what caused failure in more than 24 epic engineering disasters. The course also examines the less technical and more human components of error—the individual personalities and sometimes dysfunctional organizations that led to catastrophe. In addition, the question is asked: Can we move forward as a civilization without these engineering failures?

No Science background is assumed.

25SCI005: Sensation, Perception and Aging Process**Type: Short Course****Dates: 29/01/2025 - 07/05/2025****Frequency: Weekly Course, Wed 14:00 - 16:00****Location: Batesford Community Hub Room 2 Batesford Road Chadstone****Tutor: Robert Taylor****Tutor2: David Kemp**

Though the physical world we occupy may be identical, the reality we experience is very different. This is true not only from one person to another, but even within the same individual. Our various sensory systems can be altered over time, their acuity changing in response to aging or injury, life experiences, evolving personalities, and other factors. Our experiences are vastly different today than they were when we were children and those experiences are becoming ever more different as we age when natural changes alert us to the need to compensate, often in ways that are quite positive. Using a DVD series of lectures, over 12 weeks, you will explore how our sensory systems interpret our world and how this changes as we age.

No Science background is assumed.

25SCI025: All About Radiation**Type: Long Course****Dates: 30/01/2025 - 27/11/2025****Frequency: Weekly Course, Thu 9:30 - 11:00****Location: Batesford Community Hub Room 3 Batesford Road Chadstone****Tutor: Paul Mark**

"Everything you wanted to know about radiation but were too afraid to ask." When we hear the word radiation, it conjures up a range of feelings and ideas in people. Have you ever wondered what it is, where it comes from, who discovered it, should we be concerned about it, and what some of its practical uses are? This course will look at the big picture concerning radiation in our everyday lives and ultimately focus on medical radiation, where many of us have encountered its uses. Our journey will take us along many paths, including physics, chemistry, engineering, computer science, anatomy, physiology, pathology, and areas such as law and policymaking. There will be plenty of time for questions, discussions, and sharing our experiences. Come along with an inquisitive mind to learn and be challenged by real-world applications of science.

25SCI123: Astronomy: Solar System. Galaxies ...**Type: Long Course****Dates: 29/01/2025 - 25/11/2025****Frequency: Weekly Course, Wed 9:30 - 11:00****Location: Batesford Community Hub Room 2 Batesford Road Chadstone****Tutor: Tony Burgess****Tutor2: Errol Malta**

Learn about how Astronomers study the Universe, how planets form, the structure of our solar system and the possibility of there being life elsewhere in the Universe. We will study the formation and death stars including the Sun, Red Dwarfs and Blue Giants. We will discuss the structures and locations of different types of galaxies, including the Milky Way and Andromeda and their super-massive Black Holes. The Big Bang, Supernova and Cosmic Microwave Background will be explained as we try to understand the origins of our Universe and where we are headed. Each week we will present the Astronomy News and lead discussions about specific astronomy topics. As well as introducing some aspects of modern Astronomy, we will investigate the History of Astronomy and the people who made the discoveries. We will introduce each topic with an illustrated talk, so no background in Astronomy is necessary to join/enjoy this course.

You do not need a background in Science to participate in this course.

Volunteer

25AAVOL1: Volunteer for Office Duty**Type: None****Dates: 28/01/2025 - 29/11/2025****Frequency: Random dates as specified, Tue 0:00 - 0:00****Location: Batesford Community Hub 94 Batesford Rd Chadstone****Tutor: Andrew Croft****Fee: \$0.00**

Come and work at the reception desk. Pick half a day at your own frequency. Training is given. Select this code (and we will contact you) or contact the Office directly. Note: this selection is not counted for the maximum of 10 courses in which you can enrol.