

Batesford Community Hub, 94 Batesford Rd, Chadstone 3148 Tel: (03) **9077-2720 (New)**

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PLEASE EMAIL ALL NEWSLETTER ITEMS AT LEAST 7 DAYS BEFORE THE START OF THE MONTH TO:

erenstrom@optusnet.com.au

PRESIDENT'S REPORT



As foreshadowed in the last newsletter we will not be returning to normal activities at the Batesford Hub and at Notting Hill Hall until next year. Some classes, however, are taking the opportunity to meet at the Hub or at Notting Hill Hall in the last week scheduled for classes for a get-together.

As most members will realise much of the committee's time of late has been considering our response to the State Government's road map out of Covid restrictions; the Monash City Council's requirements; and our desire to return to as close to normal as soon as possible for most members. We are subject to most of the rules that apply elsewhere in our community and we have had to adapt to this new situation.

As a result of these deliberations, it has been agreed that only members who are fully vaccinated or have a medical exemption from a qualified medical practitioner will be allowed to enrol in classes at U3A Waverley in 2022. The exception is those classes that are run fully online, or in the online component of classes that are run both face to face and online (hybrid classes). If, and when, the external regulations change, this policy will be reviewed.

We are required to certify that members attending classes are fully vaccinated, and so we are developing a process where we can certify a member's vaccination status. Without that certification, members will not be registered for classes, but remain on the waitlist. We will let you know how this certification will be done as soon as possible.

You will receive the new course booklet in the middle of the month, so please take the time to consider your options for 2022, and be ready to enrol online before the cut off date in mid-December. Hopefully, as we move into a "living with Covid" environment, we can return to our normal activities in 2022.

Best wishes. Take care of yourselves.

Robert

TREASURER

Maree Brown, our treasurer, has advised that after nearly three years in the job, she will not be renominating for that position at the 2022 Annual General Meeting, to be held in March 2022. This means that the committee is looking for a member to take over that role from that time. A member with a finance background would be our preference, but the computer systems we have available would assist a member who did not have that background to handle the task.



This is an important role that must be filled. Please give it your serious consideration. I would be happy to talk to anyone who may be interested. Just send me an email on president@u3awaverley.org.au with your contact details and I will get back to you. Thanks,

Robert Taylor, President

NEW CLASSES FOR 2022

The “Friday Science” class that has run, for many years, from 09:30 to 11:30 on the 1st, 3rd and 5th Friday in the month is changing for 2022.

From next year the program will now run **weekly** from 09:30 to 11:30 on Fridays and **will only run on Zoom**. You will need internet access and Zoom loaded onto your device to be able to participate.

The classes normally comprise a 30 minute presentation by DVD followed by discussion; a 10-15 minute tea break followed by another 30 minute presentation by DVD followed by discussion.

There will be **three** separate classes running sequentially over the year. As each class is separate you can enrol for one, two or three classes.

The Human Body: How we Fail, How we Heal

February 4 – May 6

Your body is a fortress under constant assault. Infectious diseases, parasites, environmental toxins, physical trauma, allergens, and natural disasters are some external enemies it faces. From the inside, it is threatened by occasional overzealous allergic, immune, and inflammatory responses, as well as by the cellular mutations that produce cancer. Fortunately, the body's defences are remarkably successful, and most of the time we are unaware of the intense drama taking place within our cells and organs.

The intriguing details of this drama make up the field of pathophysiology—the study of the disruptions in a normal body's functions that are caused by disease or injury.

In this series you will explore the many ways the body meets the challenges of disease and injury with remarkable defences and restorative powers, and how, in some cases, it may either fail or overreact.

Forensic History: Crimes, Frauds and Scandals

May 13 – August 12

Modern history is filled with terrible crimes, baffling hoaxes, and seedy scandals. These events have the power to captivate us with their mystery and shock us with views into the darkest parts of the human psyche. As a society, we seek resolution of these crimes and scandals, to bring their perpetrators to justice and hopefully prevent such events from occurring again.

This series will take you on a whirlwind tour from the gas-lit streets of Victorian London, to the mountains of Puerto Rico, to small-town America. As you journey around the world and into the past, you'll re-examine modern history's great crimes and scandals using the tools and insights of forensic science. In doing so, you'll learn how cutting-edge advancements in science and technology are applied to investigations, and how to evaluate evidence and think like a forensic scientist.

The Physics of History

August 19 – November 18

In April 1991, two Alpine hikers stumbled across the well-preserved body of a Copper Age hunter half-buried in a glacier on the border between Italy and Austria. This accidental discovery, nicknamed Ötzi the Iceman, possessed a trove of invaluable information about the origins of prehistoric people. Yet while standard archaeological techniques revealed many interesting aspects of Ötzi's life, it was only through the use of physics that more microscopic clues were uncovered; clues that, decades earlier, might have remained hidden.

This is but one of the many examples of how the laws of physics can give us intimate details about history—details that are impossible to find through mere observation. In fact, the history of the entire universe and all it contains, is written in the particular arrangements of the fundamental particles that constitute all matter. With recent developments in technology, scientists can now use everything they know about atoms—their origins, structure, and behaviour—to uncover the truth about historical mysteries in archaeology, chemistry, geology, astronomy, and even art.

This series gives you the background to understand how scientists know what they do about the past.

The class leaders will be David Kemp and Robert Taylor

“Python for GrandParents”

Learn how to drive the BBC MicroBit using the Python language. This course of 10 weeks follows the program of lessons used in schools in NSW. For more details, please email David Knobby Clarke on dawclarke@gmail.com

ENROLMENT FOR 2022

The enrolment process for 2022 will be the same process that we used last year. The details are as follows: Because of the limitations on indoor gatherings, **NO** enrolments will be made at the HUB.

ALL enrolments must be done online.

Vaccination

It will be a requirement for enrolment or re-enrolment that members are to be double vaccinated for all face-to-face courses. Members who are not double vaccinated may only enrol in courses taken on Zoom, or on the internet. Members will need to confirm this status on the enrolment form.

The Timetable

Wednesday November 17 – A condensed course booklet and a covering letter outlining the enrolment process, will be emailed to all members who have given their email address to U3A Waverley. The same will be physically mailed to those members who do not have email addresses, or choose not to supply it to U3A.

A full description of each course will be made available on our U3A Waverley website.

Tuesday November 30 - Enrolments open online at 9.00AM

Monday December 6 - Phone assisted enrolments 9.30AM – 1.30PM for those unable to enrol online.

Wednesday December 8 – Fee payment session (10.30 – 1.30) for those unable or unwilling to pay online and for those who wish/need to present their vaccination certificate in person.

Friday December 17 - Preferential enrolments close.

The 2022 enrolment process will attempt, as best as it is able, to recognise those who enrolled for 2021 courses and did not get much opportunity to participate in their chosen courses, because of the lockdowns.

Fully vaccinated members re-enrolling in a course before Friday December 17 **will be placed on a waiting list** for that course. After the last day for payment of our membership fee (December 17) first preference in the 2022 course will be given to those who were enrolled in the same course in 2021. If there are still vacancies after this process, then those who were on the waiting list for the 2021 course will be given the next preference as determined by the relevant tutor. Any remaining vacancies will be filled in the usual manner, as any restrictions may dictate.

Payments

Members who enrol online, will also be able to pay their membership fees for 2022 online. As many as possible are encouraged to do so. If a member is unable or unwilling to do this, then we will open the Hub for **payment only** (restrictions allowing) on Wednesday December 8 between 10.30AM and 1.30PM.

No enrolments will be taken – only payments.

For those who use the telephone enrolment assistance (Monday December 6), the enrolment officers will not take financial details. Such members will have to follow the process above.

All fees should be paid by December 17 to best ensure enrolment in the courses of your choice. The fees will again be \$35.00 per year.



I'm getting tired of being part of a major historical event.

I don't always go the extra mile, but when I do it's because I missed my exit.

My body is like a temple, ancient and crumbling.

Optimism is going after Moby Dick in a rowboat and taking the tartar sauce with you!

"We make a living by what we get, but we make a life by what we give." ~ Churchill



15 km from Home

by Paul Penman U3A Member

What am I going to do on this overcast and cold Sunday morning?

It's still lockdown here in Melbourne and we're restricted to travel not more than 15km from home. *Can I go to the city?* Yes ... I can!

Last Friday, four of us had a picnic and a game of Bridge in a park in Elsternwick. The weather was sublime, the picnic food was lovingly prepared by the ladies and the social Bridge was fun.

"We must do this again" was the refrain. We agreed, and so we will.

Five years ago, I sold my car! Now I travel almost everywhere by public transport which is so accessible from where I live in Malvern. This momentous decision has turned out to be one of the best things I've done. I'm much fitter for the walking and I have more money to spend on some of the finer things in life. Such as playing Bridge.

This morning, early, I hopped onto a train at Oakleigh, headed for another park, the Royal Botanic Gardens in our marvellous city.

Have you recently walked along the Yarra past the boat sheds?

It's been years since I was here. The Yarra seems to have become wider, and cleaner too. There are swarms of early morning joggers, young and old, and riders steering their bikes close to the river - and people drinking their coffees - with their masks down. *God love 'em!*

The gardens are splendiferous, especially the red roses, bursting at the seams; and the manicured lawns are a joy to behold. *Ah Spring!*

I could go on and on, but words fail me as I continue my walk around our gardens. We still remain the Garden State. We are so blessed.

Up to 15km from home; so much more to see and do in Melbourne.

Camping: where you spend a small fortune to live like a homeless person.

Just once, I want a username and password prompt to say, "Close enough!"

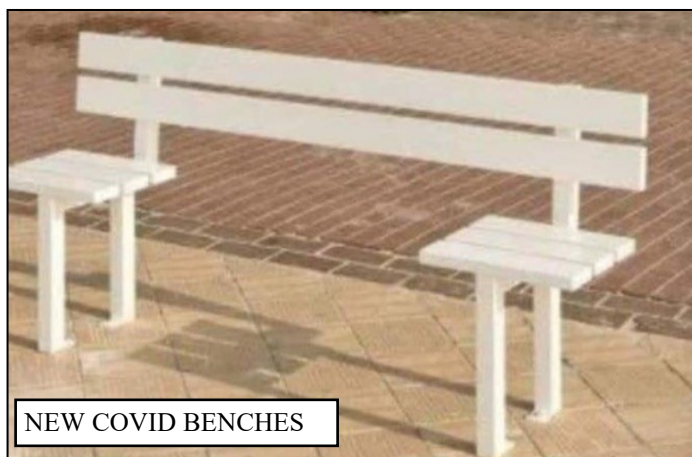
I just did a week's worth of cardio after walking into a spider web.



**When you're in
Lockdown and told
You can't travel more
Than 5km from home**



IS THE BORDER OPEN YET?



NEW COVID BENCHES