



30th Anniversary

30 Year Book





Acrylic Painting

A friendly, rewarding, educational class. No experience is required. I am the convenor and I do not profess to teach, but rather to advise and offer my own experience. You will meet many potential new friends and always in a warm atmosphere. **Geoff Horn**



Art Workshop 1

We use paints, pastels or any medium and our own topics. Our class is social and fun.

Marjorie Large





Art Workshop 2

With any medium - paints, pastels etc. members choose their own topics and enjoy fun, social Friday afternoons.

Marjorie Large



Drawing & Sketching

The course teaches the basics of drawing from flowers to portraits, using pencils, charcoal and ink. Observation skills are developed and creativity increase.

Peter Krastev



Oil Painting

Oil Painting, a time for social painting, enjoying each other's company and turning out your masterpieces.

Jill Cook



Learning to Use Your iPad

Short courses have been running throughout the last couple of years for beginners with Apple iPads, including the iPad Mini and iPad Air.

Geoff Fitzpatrick



Android for Beginners

This course was first offered last year, 2014. We found that many U3A members had 'android' devices but could not find any help on how to use them, so we put together a short course to help these members. In fact 'Android' courses are hard to find, so this is a very special U3A offering. The course will run three or four times each year, for four weeks, and a limit of eight students. The course aims to show the students some of the many uses of an Android tablet or an Android phone, with special emphasis on what is helpful to seniors. By the end of the four weeks every student should be able to send emails, take photos, and use Google to answer any trivia question. We also discuss some of the jargon, and some of the expenses involved, and we discuss some of the moral and ethical issues associated with 'social media'. So, by the end of the four weeks, the students will also understand more about what their grandchildren are up to.



Computers Beginners to Intermediate



The computer class was started by Peter Campbell before I started at U3A and I joined in 1997 when Peter was looking for another tutor. I had completed several computer courses and thought that I might be able to help as we were running only courses for beginners at that time. Over the next several years, at Peter's request, I gradually added to the list and now have a number of programs, such as Word, Publisher, Excel, CorelDraw and PowerPoint. Of course, we

still have our Beginners' course and there are people who have started from there and gone on to complete every one of the others, which has been very gratifying for me. Obviously I have enjoyed the experience or I would not have been doing this for such a long time. I am also very proud of those who have come as absolute beginners, some very nervous, and have persevered and managed to become quite proficient and sometimes creative in what they have produced. In many ways it has been a learning experience for me and I feel that I have also gained a great deal.

Vera Joseph





Digital Photo Albums

Graham started the four week course in April of this year and is now running

them with his wife Judy. They work from the IT LAB instructing how to get digital photos from your camera to your PC and then into a photo album using free software.

Graham & Judy Bennett



Photo Manipulation

Photo Manipulation started its first course this year as Digital Photo Books and has gone on to change



course to photo manipulation.

Rubin Miller



Beading

“For the past 3 ½ years I have been teaching beading at U3A. Why, because I wanted to learn more about beading and could not find a U3A that was teaching it. After I retired from teaching Home Economics, U3A seemed like my kind of place to go and learn things, make friends, help others, learn

something new and have fun. My students (friends) have fun with the beads. They have learnt peyote stitch, herringbone, right angle weave and Kumi a Japanese braided technique with seed beads. I have learned much from my friends and have a great time each week with them. In fact I believe they keep me young.”

***Norma
Smethurst***



Ballroom Dancing



Mary Cashman has a passion for dance. She has been the Australian champion in both New Vogue and Standard styles. She has been dancing both for many years socially. "I enjoy teaching,



especially when I see new pupils come in with little or no knowledge of dance, and at the end of their first lesson they are able to dance at least one dance to music." A partner is not

required. In fact, dancing is a great place to meet new people, socialise, and most of all have fun. There are many health benefits including weight loss, general fitness, and it is also very good for the mind. Health experts believe dancing prevents Alzheimer's disease later in life.

Mary Cashman

Dancercise2Health

Dancercise2health is a wellness focused BRAIN TRAIN Line Dance course. The steps are structured to aid the memory in BRAIN EXERCISE. Rhythms cover Waltz, Tango, Jive, Rumba, Country & Western, Foxtrot, Cha Cha, Samba, & Salsa, to 50's & 60's music. Improving



Cardio, Muscle Tone, Bone Strength, Balance, Group Bonding, Social Interaction & enhancing Serotonin & Oxytocin levels, is the physical bonus of this class of 30, which began in February 2015.

With a background in Nursing, (Medical, Surgical, Dementia) & in Dance & Choreography, (Ballroom, Latin, New Vogue, Line Dancing) I started tutoring, with the knowledge that increasing Neural Pathways, reduces Dementia Risk. The above is based on current studies in Neuroplasticity, which is soooooooo beneficial as we age!

Shanthie De Mel





Armchair Travel

This class began in mid-2000 with John Hobbs and Adrienne Holzer as presenters. They both enjoyed travelling and Adrienne has a large collection of travel DVD's which she generously shares with us. John retired as a presenter about two years ago and Elizabeth Sinclair took his place. John still helped out when the need arose right up until his death in July of this year. In this class we usually "travel" to two different destinations each time we meet. We've been from Iceland to Antarctica and just about everywhere in between. Class members enjoy seeing places they have visited in the past, places they are about to visit and places they have never seen. As a bonus there are no long flights and no lost luggage and nobody minds if you happen to doze off for a few minutes

Elizabeth Sinclair and Adrienne Holzer

Movies Golden Years

This course is in its ninth Year in 2015. The Tutor is an unashamed movie **fan** with no particular education in cinema. The Golden Years (1928-60) were the halcyon days of the big studios, particularly in Hollywood. Although we look at many aspects of films, our emphasis is on classic movies, big stars and famous directors. The same charm and kindly consideration that is well known to many U3A members is provided by the Tutor. Before showing a movie each week, some cryptic clues about



Meditation Through Motion

Meditation to a serene mind
through Dharma Drum's Eight-
Form moving meditation.

Cam Luu



Tai Chi 1

Tai Chi, originally a martial art, has evolved into a series of gentle, slow-moving, weight-bearing, whole body exercises. Combined with regular abdominal breathing in a “moving meditation”, these exercises are claimed to be effective in



alleviating stress and anxiety. There is some evidence that Tai Chi can result in lowering blood pressure and contribute generally to enhancing health. Improvement in muscle tone and balance can assist in reducing the possibility of falls in older people.

I began my Tai Chi journey in the early 1980s, combining it with bioenergetics, Karate and meditation. I joined the Waverley U3A Tai Chi class in 2007. Left without a tutor when we moved to the Batesford Hub I took over and was joined by Henrietta (Rita) Chew who has been the Thursday class tutor since 2013.

I have many years of experience with several different styles of Tai Chi and continue to develop my own skills. I am currently a student of



Master Shao Zhao-Ming of the Tai Chi Kung Fu Institute. Two members of the Tuesday U3A class, Diana de Kessler and Takako Tsunoda , have also become his students and together with other experienced members of the class provide invaluable assistance and backup in my absence.

George Clarke

Tai Chi 2

I was first introduced to the Tai Chi course when I met George Clarke who joined the Tai Chi Institute where I have been training for 10 years. George asked if I was interested in helping him run one of his U3A Tai Chi classes. In mid-2012, I decided to accept his offer. I enjoyed the classes and slowly started teaching the beginners. In 2014, I took over the Thursday class



completely as George wanted to reduce his workload. We still do the 4 set of exercises started by my predecessors, but I have since put more emphasis into teaching Tai Chi 8 and 24 forms,

as it's called a "Tai Chi Class". The class has learnt the tai chi walk, the applications of tai chi in daily life, improved their balance, how to use 'chi' effectively, learnt to combine the benefits of breathing and exercise – an important philosophy of Tai Chi. Many thanks to my wonderful class members and class helpers. Their enthusiasm keeps me 'fired-up' every Thursday morning.

Rita Chew

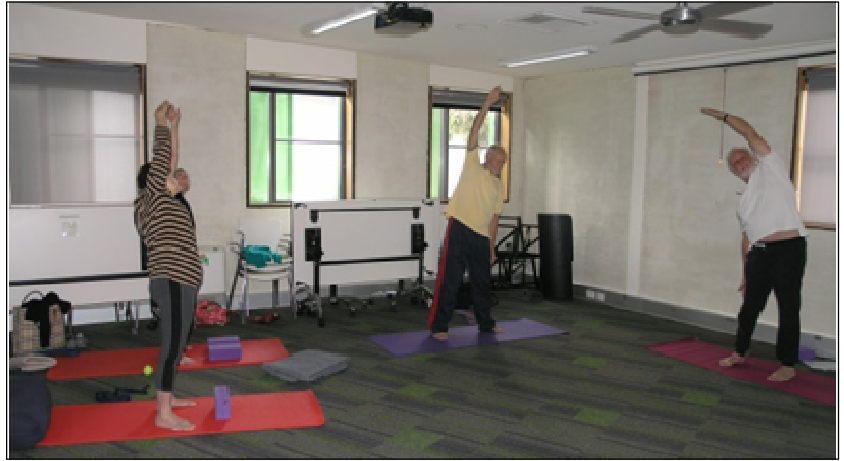


Yoga 4

Laura became a Yoga teacher with Waverley a year ago. She qualified from Sri Jani Baker Australian College of Classical Yoga and came via a mutual friend. The focus is on gentle yoga to revitalise and strengthen the body.

Laura Cook

Yoga One and Two



Gentle Yoga that starts with warm up stretches and yogic breathing – leaves you energised and balanced.

Ray Clarke

Yoga for Beginners



A Hatha Yoga class that commenced for beginners this year.

Michael Smithett

Bridge



Bridge, a game played
for fun and social in-
teraction



Chess for Seniors



The chess group are enthusiastic members ranging from beginners to intermediates.

Klaus Mielke

Cryptic Crossword Group

Those of us who agonise over crosswords are known as *cruciverbalists*. We are not weird or super-intelligent. In fact, we are just as normal as you are! When we tell people that we like cryptic crosswords, we are quite used to hearing “Oh! They’re too hard.”



In fact, cryptic crosswords are simply a learned skill (and no more difficult to learn than driving a car, learning to cook or playing cards) and a willingness to “think outside the square”. “Straight” cruciverbalists get only one clue; cryptic cruciverbalists get at least two and often more clues. One famous clue has no clue at all; just a blank space for an answer with 7 letters. Answer? Clueless!

Our group at U3A Waverley has been convened for many years by long time member Margaret Harvey. Margaret retired at the end of 2012 when Geoff Fitzpatrick took over as convenor. Our group has 17 enrolments, only 3 of whom are men.

We meet each week for 90 minutes and usually tackle 3 crosswords. We have a table of “*beginners*” who have been beginners for so long that they actually recently identified with an answer “no spring chicken”. There is also the advanced group who tackle the hard ones and the real beginners

who are taught by the convenor.



Anyone with an interest in learning cryptic is welcome to enrol in our group (when there is space.) But be warned! Cryptic cruciverbalism is very addictive!

Geoff Fitzpatrick

Mahjong

At present, unfortunately we don't have a tutor - teacher which makes it difficult for anyone starting the game.

However as everyone is friendly we make new ones welcome and help them settle in. In the past we were

very fortunate to have two wonderful teachers Betty Carmichael and Joy Sorel. Joy gave up because of illness and we miss her.



However we are a happy group and the numbers are increasing. We use four excellent small tables and appreciate the good sets of Mah Jong provided by U3A. We may need more small tables soon. We are

usually too busy playing to stop for a coffee break. We would all like to become better players but we do have some excellent players amongst us.

Wendy Mutton *Convenor*

Australian History

Throughout this anniversary year the 19th and 20th centuries of Australian history are being investigated..

Bob Lee



Great World Religions

A course that just started this year, using DVDs, journeying around the world looking at different religions.

Jia Qi Fang



History of Art

I retired as the History of Art co-ordinator for the Tertiary Orientation Program at Moorabbin TAFE when I was sixty, some twenty seven years ago. Rosemary Owen who was a colleague in the same department at the time of my retirement, heard from a friend who was connected to the then



relatively new U3A Waverley that they were seeking tutors for courses at the Civic Centre in Glen Waverley. I contacted them and soon found myself conducting classes in the Library at the centre. The audio-visual facilities were relatively primitive and as I have always provided visual copy from my own rather extensive art library and at the time a considerable collection of slide transparencies I had collected during the course of my travels in Europe. The projection of transparencies presented no particular problems but printed copy could only be projected by means of a huge rather cumbersome epidiascope that projected a rather weak image onto a portable screen by means of a 1000 watt globe, not an insignificant problem when summer temperatures of 30°C or more occurred. These globes were rather delicate and tended to burn out easily and at \$14 a pop there were questions asked if burn-outs occurred too often. Furthermore the heat from the globes sometimes made books that were under it so hot that they were singed. I found myself soon after conducting classes at the Chadstone High School complex after its shut down by the Kennet Government. By this time I found myself also conducting classes in Drawing and Painting which meant that I was attending classes two or three times per week sometimes in class rooms that had been partly demolished or in pre-fabs.

From Chadstone we spent many happy years in the old church of St Mary's in Waverley from whence we moved to the present premises at Batesford Road. What luxury! What facilities, and now that our lift has been repaired what a relief for my poor old knees as climbing stairs is not a thing I can accomplish with great ease at my time of life. All through these happy years I have the most delightful memories of my students, some of them no longer with us. I have always tried to make our sessions an exchange of ideas rather than a purely didactic one, and over the years I have learned much from my students, and benefited from their tolerance of my artistic prejudices.

Humphrey Fuller-Jackson

Naval, Military History

Talks given by guest speakers and group members about Naval & Military history from the classical times to the



present day, with relevant documents and technology used. ***Jeanette Dunlop***

A Cultural Adventure

A Cultural Adventure started in 2012 under the title Museum Masterpieces. It is all DVD based and looks at famous museums, artists and their art, as well as



how to appreciate and understand all forms of art both ancient and modern. My interest in art is as a result of many visits to museums both here and overseas, encouraged by my wife. ***Alan MacLean***

Books and Writers



Books & Writers is U3A Waverley's very own book Club. Its year is split into four terms of 6 weekly meetings. 3 books are discussed each term, with a book being given close scrutiny over two consecutive weeks.

Since its inception, over 300 books have been read and discussed by U3A Waverley members: classics, novels, true stories, biographies and plays written by writers from around the world. We also discuss the life and times of the writer. In addition, we take the opportunity at the meetings to chat about the latest in films, shows and books, and read selected poetry. There are presently some 20 members of Books & Writers.

The Group got underway in 1988 when U3A Waverley was located at Monash University. Since that time, it has had only 4 Tutors: Bess Tanner, the first Tutor, who retired in 1992; then John McClure took over for the period to 1999. Heather McCoy (who is still a very active member of the Group) then became Tutor, retiring in 2006. Bill Burns is the current Tutor.

Bill Burns

Creative Writing

A happy productive group is challenged to write beyond expectation. On the spot writing is produced with all themes tackled. A sense of humour is essential. The class members are asked to write a short story each week to bring to the class. I am the convenor but do not profess to teach but rather to advise and offer my own experience.

Geoff Horn



Current Affairs

Various presenters provide background information of local and overseas events and members contribute to the topics.

Peter Mitchell



Famous & Infamous Trials

Explores famous and infamous trials with some emphasis on Australia.
Also looks into current legal problems.

Patrick Melville



International Affairs

A course of world current affairs mainly of a political nature. Topics are presented by members and guest speakers.

Barry McLaughlin



Ideas Worth Sharing

This course 'Ideas Worth Sharing' is brand new for 2015. About ten of us meet every second Friday to view the famous 'TED' series of talks and to discuss the ideas the speakers present. So far this year we have listened to senior diplomats, leading industrialists, Nobel Prize winners and



others, share their thoughts on the status of women, happiness, man's place in the universe, and the trauma of major accidents. We have also looked at innovative bicycle design, advances in bone surgery, motor vehicle safety and many other topics. We lighten the serious material with some music and, often, some amusing cat videos. The group is



beginning to know each other, and this enriches the conversation, but there is always an invitation to new people to join us.

**David
Harding**

Shakespeare

Films, reading, discussions all go into discovering more about Shakespeare and his plays.

Liz Clarke



Write Your Own Story

This group was started by Noel Odou in 2012 with a core group of nine. Each week members shared their life experiences, the good times and the not so good while their memoirs slowly took shape. Unfortunately, Noel's health wasn't the best and he retired from U3A. One of the original group members, Denis has been running the group this year.

Denis Fitzsimon



Wisdom for the Journey – ‘a current affair for the soul’

‘Wisdom begins in Wonder’ Socrates

‘We go to wonder at the heights of mountains, at the huge waves of the seas, at the vast compass of the ocean, at the circular motions of the stars, **and yet we pass by ourselves without wondering.**’ Augustine.

Our journey began seven years ago, when we first gathered ‘companions on a quest’ to reflect upon the nature of wisdom and how it can transform our lives. **‘Tell me what you plan to do with your one, wild precious life? Asks poet Mary Oliver.**

We listened to voices present and past – seekers of wisdom – scholars, poets, writers, philosophers. As we reflected on our experiences in light of these voices we discovered to our delight the deep well of wisdom in each of us. During our weekly presentations we have explored numerous topics, among them the nature of Resilience, Emotional and Spiritual Intelligence, Facing Adversity, the Hero’s Journey, Happiness, Courage, Cowardice, Failure, Shame, and many more. **‘Guides only light the way. They remind us of what we know at deeper levels but tend to forget.’**

Together we have shared a ‘lived, tried, and tested kind of knowing’. It is an ‘Autumn Wisdom’ a rich tapestry of diversity and similarity that is the result of a life ‘well lived’. It has been an exciting, stimulating journey of discovery.

‘Whatever you can do or dream begin it NOW. Boldness has genius and power. Goethe

Mary Keogh - Facilitator



Arabic for Beginners

“The Arabic language and culture course commenced on Monday the 9th of February 2015. The first lesson was an introduction of all the students and the tutor, including a brief discussion about why each student wants to learn Arabic. The class is now held consistently for three Monday's a month from 10-12noon.

I'm a retired dentist but have never taught Arabic before except to my kids! I love to teach my mother-tongue language to anyone willing to learn. So far we have covered the alphabets, vocabulary around family members and simple conversational skills. Initially, we started with 8 students and now I have 6 regular students. They are hardworking, studious and dedicated which I love to see. They try to speak Arabic with me as much as they can. Now I am teaching them how to write their names in Arabic and to keep them learning during the weekdays, I have recommended they download an app to help them in their study and enable them to listen to Arabic dialogue. During class, we also talk about culture in the Middle East and even touch on religion, marriage, history and tradition.

I look forward to learning more from my students and teaching them more. I really enjoy my time teaching and welcoming you all to join me.”

Randa Buraik



English Conversation and English Second Language Upper Intermediate

The class started as a casual Conversation Class and we have now evolved a routine where we currently study and discuss articles from the internet site 'Breaking News English'. The



articles are based on current items in the news and have ranged from serious issues to 'Pilot buys pizza for 157 passengers'. We also study 'Intermediate English Pronunciation in Use' and try and 'talk proper' at least on Monday afternoons.

Three of the original members of the class wanted to improve their English a little faster. There is no 'magic bullet' but last year we started the second class which is tackling the Upper Intermediate text book published by National Geographical Life. The text book is written for adults and goes beyond the classic 'going shopping' or 'going on holiday'.

The group is truly multi-cultural and there is much laughter and lively discussion in both classes.

Liz Clarke



French Intermediate

With a basic understanding of French, students go on to learn and speak using the book “French Made Simple”. Communication skills are used in practical situations. **Gracia Baylor**



French Conversation for Beginners

Conversational French aims for spoken French in everyday issues and to experience the pleasure of being understood in a foreign tongue.

Kevin Foley & Michele Rochecouste



Conversational French

En français, s'il vous plaît!

In 2011, Patricia Melville contacted me to see whether I could offer a French conversation class at the new U3A premises in Batesford Avenue. Having known Patricia since our Monash days, I thought it would be fun to get back into teaching especially with adults.

I ended up with a large group of people with varied levels of knowledge and ability to speak French. Therefore I decided to split the group into two and offer one class for the advanced level and another for the intermediate level. In 2012, my friend Yvonne Loddo joined the team and now both classes are conducted by the Khamara-Loddo duo of French native speakers.

The aim of the classes is to enable the participants to express themselves in French, to expand their vocabulary, consolidate the points of grammar useful for conversing and discover something new about France and its people. Usually a text in French is handed out a week in advance, thus enabling the participants to study it and work on the various exercises based on the text. Questions are proposed for discussion and lively exchanges of opinions with lots of laughter often take place. (Hopefully our noise level is not too annoying for the classes next door!) French songs and movies are also studied.

The pleasant environment offered at the Hub, the good supply of audio-visual equipment and photocopying facilities together with the friendly team of hard working volunteers running the office makes it a pleasure to come every Thursday to encourage the participants of these two classes "à parler en français".

Marie-Louise Khamara & Yvonne Loddo



German Conversation

This course commenced late in 2013 when a chance encounter with the late Utila Fellensiek resulted in a suggestion to start a group aimed at simply enjoying speaking and hearing German. Utila suggested I start the group and I declined because I am far from fluent in the language.

She
back me
hence, we
with a
core of
people.
after that,



agreed to
up and
began
very tiny
just 5
Not long
Utila

became very ill and died leaving me to soldier on as convenor. In 2014, we had a number of new people in the group including a solid core of German speakers and it has been all uphill since then. Now we have 10-12 participants each week and for an hour, start with a topic and let the conversation flow into related areas. While the native speakers carry on with ease, those, like myself, learn to better understand spoken German and to speak it—mistakes and all-- in a very friendly atmosphere. Everyone has a chance to contribute topics, ask questions and generally socialise. For some, it is in their “Mutter Sprache” and for the rest; it is an opportunity to challenge ourselves in a language other than English.

Anne Whittenbury Convenor

Italian

This year beginners and intermediates were taught.

Bianca Schiavo



Advanced Italian

My name is Maria Romanella-Phieler I have been a tutor of the Advanced Italian Conversation Class for the last 7 yrs. I was an Italian Language Teacher at all levels during my working years in fact, it was the mother of children I had taught whom I met by chance and



asked if I could possibly help out with her U3A Italian class as they no longer had a teacher

After the first meeting with the group I was hooked not only by the class but U3A itself. I soon decided to join and participate in many of the courses offered over the years.

The participants in this class have either studied Italian, lived in Italy at some stage, born here from Italian parents or like myself, born there but grew up here. Our aim is to keep Italian Language skills on going by conversing,



reporting, discussing current issues, read articles in Italian, and when needed, explain grammatical points which may come up. When I am away, Elizabeth (my right hand colleague) takes over the class. In winter I travel out of Australia but keep in

touch by e-mails in Italian describing my adventures and experiences, together they read them in class and reply in a group message. Upon my return I follow it up by a photographic DVD presentation both verbally and written in Italian. All in all, we are a bunch of fun loving, loud and active group which dare I say, look forward to our session.

Maria Romanella-Phieler

Japanese for Travellers Beginners & Intermediate



My name is Mitsuko Sakairi, I am a Japanese tutor at U3A Waverley since 2014. I am very pleased to have an opportunity to teach Travellers' Japanese with U3A students. Regularly around 10 students are attending at the class. This class involves a

friendly and relaxing atmosphere with the class activities:-

Learning conversational patterns that actually occur in daily life as well as introducing its culture, sightseeing spots, foods, and peoples' behaviour. Occasionally the students perform presentations about own travel and interesting experiences and showing souvenirs and any other items of interest to the class.

Mitsuko Sakairi

Korean

Korean is very new to U3A Waverley and only started in July. We are covering the bases of daily living in speaking the language and writing in "Hangul". Along the way we are having fun learning about the country.

Yun Ja Yang



Latin Without Tears

As I can recall, I joined the U3A Latin class in 1997, at which time, I am told, it had been in existence for several years, so it is one of the longest running courses at



U3A Waverley. I first became involved with Latin at a very early age through serving as an altar boy at my local Parish Church in East Malvern. At that stage one's knowledge was restricted to providing responses to the invocations of the Priest. On commencing Secondary School, the subject became more than a series of responses, it became getting acquainted with the conjugation of verbs, the declension of nouns and adverbs, the use of conjunctions etc. Hence one was able to translate Latin sentences into English and vice-versa (this latter word is of Latin origin). One of the text set for (then) Matriculation at school was Vergil's *Geneid* Book 6, telling of the travels of Geneas to the underworld. This has been one of the U3A Latin books we have studied some 60 years later. Among other texts we have covered have been works of such well-known names as Cicero, Caesar, Ovid, Lucretius and Plautus – plenty of variety here. When I finished Matriculation I pursued a Dental Science course at Melbourne University, and subsequently in all my years of practice, I would still relive memories of my school years when writing scripts for patients which involved the use of Latin symbols for the relevant medications. In conclusion I wish to pay tribute to earlier tutors in my time at U3A – Morrell, Gavin Betts and Angela Ridsdale (class member for some 20 years).

John Gill



Mandarin

The Mandarin language class is for beginners and focuses on conversation.

Lily Gao

Spanish

I grew up in Argentina.. I am a Primary and Kindergarten Teacher and I have been teaching Spanish Language to Australians, children and adults for the last thirty years.



I became a member of U3A Waverley in July 2011. U3A Waverley has given me the opportunity to have an enjoyable time again..I started this Spanish Course in February 2012, and it is still enthusiastically attended right to the present.. In my course I

try to apply my teaching experience by allowing free personal expressions of humour and opinions and within that frame work, do my best to instil new knowledge through DVDs, CDs , pictures, songs, photos etc.. Thank You U3A and Happy Thirty Years!

Beatriz Esther Varanelli.

Classical Guitar Beginners & Intermediates



Very popular classes for people wanting to learn classical guitar.

Herve Rochecouste

Jazz Appreciation

Starting mid 1999 at Chadstone High School, the first Jazz Appreciation Class was held. The then founding member and tutor was Mr Terry Stanhope who was a vocalist with many bands around Melbourne.



In 2003-2004 the venue was moved to St Stephens Church Hall where loyal members including Jack Segal and Shirley Le Gassick still attend our Jazz classes to the present day. Currently we have 16 members taking

their turns each week with presentations covering all Jazz genres. Since spring of 2013, I have been in the roll of co-ordinator for the class.

David Warburton



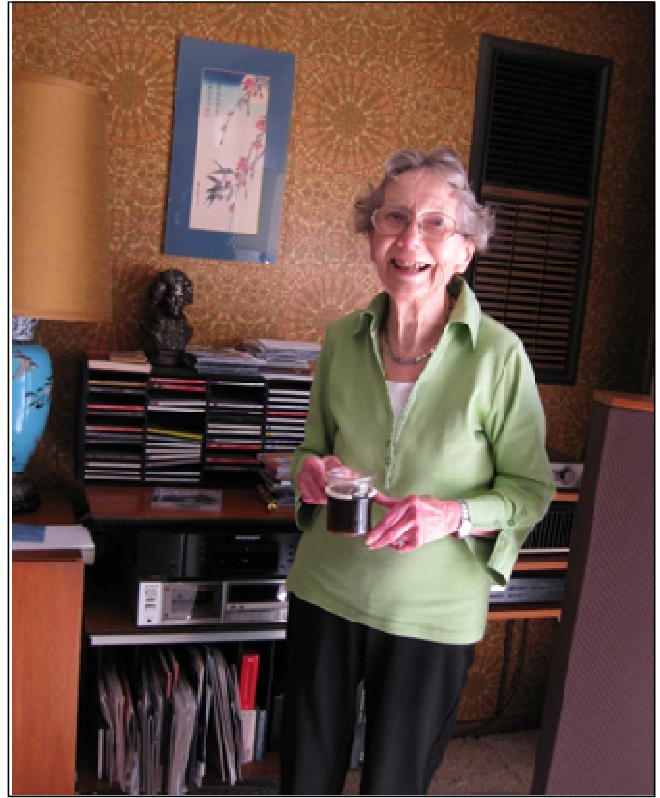
Listening to Chamber Music

It was the love of Chamber Music that inspired my late husband, Ken, to present the Chamber Music in our home in 1992. I have continued since 2000. A repeat session, due to limited space, included members of the late Sue Dilnot's class. Ken and I were concert goers, attending symphony, piano and chamber music recitals.

These sessions provide an opportunity for members to experience a wide range of classical music, including that of Australian composers and artists.

It is a pleasure to share discussions and the love of classical music with fellow U3A members. Enduring friendships have been made over the years.

Lilian McDonald



Music Appreciation

Music

Appreciation was started in 1986 by the late Laurie Coles in her home in East Malvern. One of our current class members was



the first to join the class. I joined in 2005 and became convenor in 2007, when many of the class members started to take turns in presenting their own preferences in classical/light classical music. My interest in music goes back to my teens, with both parents being vocalists. **Alan MacLean**

Piano /Keyboard Beginners & Intermediates

When U3A indicated an interest in having a keyboard-piano course for their members, having completed my Diploma in Music, I decided to put my teaching skills to the test. The keyboard-piano course designed specifically for



absolute beginners commenced in 2014 with 9 members diligently completing the year successfully and continuing enthusiastically this year to a higher level. Due to popular demand and a long waiting list, an additional class for absolute beginners commenced in 2015 with 9 more members eager to learn the keyboard-piano. The course is a visual approach to learning music with



structured stress-free lessons and is an innovative, unique, quick and easy method for adults. We have fun in our classes and the members enjoy the therapeutic benefits of musical experience that enhance brain function and emotional health while gaining self-confidence, self-esteem, increasing concentration, improving memory retention and enabling self-expression while acquiring this new skill in musical ability. **Arlene Bastian**

U3A Waverley Choir

The U3A Waverley Choir was founded in 2002 by me, Dina Burgess, and I am still the director,



conductor and accompanist of the Choir. Only 8 people sang in that first November concert and all were women. We have since grown into a mixed choir of over 30 members. We learn songs from the sacred, world folk and light classical repertoires, as well as old 'forgotten' songs sourced from dusty corners of second hand bookshops. We give up to 10 concerts a year to audiences at Probus clubs and other community organizations, including the Victorian Council of Christians and Jews. In June 2014 we were privileged to participate in an interfaith concert, hosted by Temple Beth Israel in St. Kilda, where we joined a massed choir of over 170 voices to sing Psalms and hymns in four languages - an inspiring experience for all of us.

Our concerts are organized around specific themes. The first semester programs alternate between sacred music (in 2015 the fourth of our 'Alleluia' series) and ANZAC concerts, while second semester programs have included such themes as romance and philosophy. Our first program this year (2015) is called 'A house with many windows: sacred songs from around the world', and the second program will be 'Songs of love and loss from 1914 to 1945'. Our Annual Concert for Family and Friends of U3A, held at our Batesford Community Centre home base, is always a highlight of the year. It is usually held in September or October, and attracts a full house.

We are fortunate to have an accomplished drummer and a creative general percussionist in the Choir; African songs with percussion accompaniment are always great favourites. In choosing the music, I make a conscious effort to choose interesting music and to increase the level of challenge incrementally over time. Prospective Choir members are given a brief, informal audition; the main requirement is love of singing and a commitment to the Choir. It is helpful, but not essential, to be able to read music. Having been a teacher all my life, my philosophy is to make sure that each song becomes truly 'music to the ears', providing satisfaction for the Choir and enjoyment for our audiences.

Dina Burgess - Choir Director

Understanding Science & Technology



The “Understanding Science and Technology” class was one of the first to be established in what was to become U3A Waverley. This was probably because one of the founders of U3A Waverley in Australia, Dr. Jack McDonnell, was the convenor of the original course! It is one of the few courses of its type in the whole of the U3A network.

Jack

maintained that role, on and off, for many years with others such as Brian Graeme, Jan Goodwin and Rob Sinclair taking over the responsibility for short periods. The Science and Technology class typically uses two different speakers or presentations



each Tuesday and, as can be imagined, the task of sourcing those speakers and presentations and their coordination is a significant task. It was thus decided many years ago that this task should be spread across a larger number of people and a “planning group” came in to existence – and still exists!. This group gets together about four or five times a year to plan the program for the following period. Over the years the group has introduced the use of video tape, DVD and Blue Ray presentations in areas where they contribute significantly to the understanding and enjoyment of the topic being discussed. These media presentations are interspersed with local and invited speakers discussing the whole range of Science and Technology subjects. The course has one of the largest enrolments of members at U3A Waverley with 70 on the roll including a number of associate members from other U3A’s.

Robert Taylor Convenor

Understanding Inventions that Changed the World

Using a DVD based lecture series inventions that have changed the world from prehistoric times to the 21st century have been discussed.

Robert Taylor

